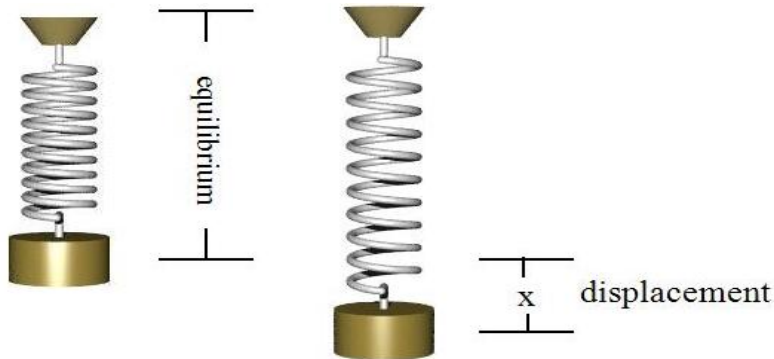


## Section 11: Linear Mechanical Equations

We consider a flexible spring from which a mass is suspended. In the absence of any damping forces (e.g. friction, a dash pot, etc.), and free of any external driving forces, any initial displacement or velocity imparted will result in **free, undamped motion**—a.k.a. **simple harmonic motion**.

We start with simple harmonic motion, and then we will add damping and later external driving.

## Building an Equation: Hooke's Law



At equilibrium, displacement  $x(t) = 0$ .

$$\text{Hooke's Law: } F_{\text{spring}} = k x$$

**Figure:** In the absence of any displacement, the system is at equilibrium. Displacement  $x(t)$  is measured from equilibrium  $x = 0$ .

# Building an Equation: Hooke's Law

**Newton's Second Law:**  $F = ma$  Force = mass times acceleration

$$a = \frac{d^2x}{dt^2} \implies F = m \frac{d^2x}{dt^2}$$

**Hooke's Law:**  $F = kx$  Force exerted by the spring is proportional to displacement

The force imparted by the spring opposes the direction of motion.

$$m x'' + kx = 0 \implies x'' + \frac{k}{m} x = 0$$

$$m \frac{d^2x}{dt^2} = -kx \implies x'' + \omega^2 x = 0 \quad \text{where} \quad \omega = \sqrt{\frac{k}{m}}$$

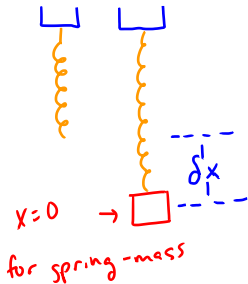
**Convention We'll Use:** Up will be positive ( $x > 0$ ), and down will be negative ( $x < 0$ ). This orientation is arbitrary and follows the convention in Trench.

## Obtaining the Spring Constant (US Customary Units)

If an object with weight  $W$  pounds stretches a spring  $\delta x$  feet<sup>1</sup> from its length with no mass attached, then by Hooke's law we compute the spring constant via the equation

$$W = k\delta x.$$

The units for  $k$  in this system of measure are lb/ft.



$$W = k\delta x$$

$$k = \frac{W}{\delta x} \quad \frac{\text{lb}}{\text{ft}}$$

<sup>1</sup>Note that  $\delta x = w/\text{mass equilibrium} - w/o \text{ mass equilibrium}$ .

## Obtaining the Spring Constant (US Customary Units)

Note also that Weight = mass  $\times$  acceleration due to gravity. Hence if we know the weight of an object, we can obtain the mass via

$$W = mg.$$

We typically take the approximation  $g = 32 \text{ ft/sec}^2$ . The units for mass are  $\text{lb sec}^2/\text{ft}$  which are called slugs.

$$W = mg \Rightarrow m = \frac{W}{g} = \frac{\text{lb}}{\text{ft/sec}^2} = \frac{\text{lb sec}^2}{\text{ft}}$$

# Obtaining the Spring Constant (SI Units)

In SI units, the weight would be expressed in Newtons (N). The appropriate units for displacement would be meters (m). In these units, the spring constant would have units of N/m.

It is customary to describe an object by its mass in kilograms. When we encounter such a description, we deduce the weight in Newtons

$$W = mg \quad \text{taking the approximation} \quad g = 9.8 \text{ m/sec}^2.$$

## Obtaining the Spring Constant: *Displacement in Equilibrium*

If an object stretches a spring  $\delta x$  units from its length (with no object attached), we may say that it stretches the spring  $\delta x$  units *in equilibrium*. Applying Hooke's law with the weight as force, we have

$$W = mg = k\delta x. \quad \text{W} \quad \frac{mg}{m\delta x} = \frac{k\delta x}{m\delta x} \Rightarrow \frac{g}{\delta x} = \frac{k}{m}$$

We observe that the value  $\omega$  can be deduced from  $\delta x$  by

$$\omega^2 = \frac{k}{m} = \frac{g}{\delta x}.$$

Provided that values for  $\delta x$  and  $g$  are used in appropriate units,  $\omega$  is in units of per second.

# Simple Harmonic Motion

$$x'' + \omega^2 x = 0, \quad x(0) = x_0, \quad x'(0) = x_1 \quad (1)$$

Here,  $x_0$  and  $x_1$  are the initial position (relative to equilibrium) and velocity, respectively. The solution is

$$x(t) = x_0 \cos(\omega t) + \frac{x_1}{\omega} \sin(\omega t)$$

called the **equation of motion**.

**Caution:** The phrase *equation of motion* is used differently by different authors. Some, including Trench, use this phrase to refer the ODE of which (1) would be the example here. Others use it to refer to the **solution** to the associated IVP.



$$x(t) = x_0 \cos(\omega t) + \frac{x_1}{\omega} \sin(\omega t)$$

Characteristics of the system include

- ▶ the period  $T = \frac{2\pi}{\omega}$ ,
- ▶ the frequency  $f = \frac{1}{T} = \frac{\omega}{2\pi}$  *note, not square*
- ▶ the circular (or angular) frequency  $\omega$ , and
- ▶ the amplitude or maximum displacement  $A = \sqrt{x_0^2 + (x_1/\omega)^2}$

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<sup>2</sup>Various authors call  $f$  the natural frequency and others use this term for  $\omega$ .

# Amplitude and Phase Shift

We can formulate the solution in terms of a single sine (or cosine) function. Letting

$$x(t) = x_0 \cos(\omega t) + \frac{x_1}{\omega} \sin(\omega t) = A \sin(\omega t + \phi)$$

requires

$$A = \sqrt{x_0^2 + (x_1/\omega)^2},$$

and the **phase shift**  $\phi$  must be defined by

$$\sin \phi = \frac{x_0}{A}, \quad \text{with} \quad \cos \phi = \frac{x_1}{\omega A}.$$

## Example

An object stretches a spring 6 inches in equilibrium. Assuming no driving force and no damping, set up the differential equation describing this system.

No driving and no damping means simple harmonic motion. The ODE looks like

$$x'' + \omega^2 x = 0$$

for displacement  $x(t)$ . We need to find  $\omega^2$ .

We know that  $\omega^2 = \frac{k}{m}$ , the spring constant divided by mass. We'll use displacement in equilibrium.

$$\omega^2 = \frac{g}{\delta x}$$

$\delta x = 6$  inches, so we're in US units where

$g = 32 \text{ ft/sec}^2$ . We need  $\delta x$  in ft

$$\delta x = \frac{1}{2} \text{ ft}$$

$$\omega^2 = \frac{32 \text{ ft/sec}^2}{\frac{1}{2} \text{ ft}} = 64 \frac{1}{\text{sec}^2}$$

The ODE is

$$x'' + 64x = 0$$

## Example

A 4 pound weight stretches a spring 6 inches. The mass is released from a position 4 feet above equilibrium with an initial downward velocity of 24 ft/sec. Find the equation of motion, the period, amplitude, phase shift, and frequency of the motion. (Take  $g = 32 \text{ ft/sec}^2$ .)

Set up the IVP  $m x'' + kx = 0 \Rightarrow x'' + \frac{k}{m} x = 0$

We can find  $k$  and  $m$ , given  $W = 4 \text{ lb}$   $\uparrow \omega^2$   
and  $\delta x = 6 \text{ inch} = \frac{1}{2} \text{ ft}$ .

$$W = k \delta x \Rightarrow k = \frac{W}{\delta x} = \frac{4 \text{ lb}}{1/2 \text{ ft}} = 8 \frac{\text{lb}}{\text{ft}}$$

and  $W = mg \Rightarrow m = \frac{W}{g} = \frac{4 \text{ lb}}{32 \text{ ft/sec}^2} = \frac{1}{8} \text{ slugs}$

$$\text{So } x'' + \frac{8}{1/8} x = 0 \Rightarrow x'' + 64x = 0$$

$$\text{From the statement, } x(0) = 4 \text{ ft}, \quad x'(0) = -24 \frac{\text{ft}}{\text{sec}}$$

The characteristic equation is (using  $r$ , not  $m$ )

$$r^2 + 64 = 0 \Rightarrow r^2 = -64 \Rightarrow r = \pm \sqrt{-64} = \pm 8i$$

$$\alpha = 0, \beta = 8$$

$$x(t) = c_1 \cos(8t) + c_2 \sin(8t)$$

Apply initial conditions,

$$x'(t) = -8c_1 \sin(8t) + 8c_2 \cos(8t)$$

$$X(0) = C_1 \cos(0) + C_2 \sin(0) = 4$$

$$C_1 = 4$$

$$X'(0) = -8C_1 \sin(0) + 8C_2 \cos(0) = -24$$

$$8C_2 = -24$$

$$C_2 = -3$$

So the equation of motion is

$$X(t) = 4 \cos(8t) - 3 \sin(8t)$$

The period  $T = \frac{2\pi}{\omega} = \frac{2\pi}{8} = \frac{\pi}{4}$

The frequency  $f = \frac{1}{T} = \frac{4}{\pi}$

The amplitude  $A = \sqrt{4^2 + (-3)^2} = 5$

The phase shift  $\phi$  satisfies

$$\sin \phi = \frac{4}{5} \quad \text{and} \quad \cos \phi = \frac{-3}{5}$$

$$\frac{x_0}{A}$$

$$\frac{x_1}{\omega A}$$



Since  $\sin \phi > 0$  and  $\cos \phi < 0$ ,

$\phi$  is a quad II angle. We can use  
the inverse cosine function

$$\phi = \cos^{-1}\left(-\frac{3}{5}\right) \approx 2.21$$

is the smallest positive  $\phi$

about  $127^\circ$