

## Section 11: Linear Mechanical Equations

We were considering the displacement from equilibrium,  $x(t)$ , of an object of mass  $m$  suspended from a flexible spring with *spring constant*  $k$ . In the absence of any sort of damping or external forces, the object exhibits **simple harmonic motion**.

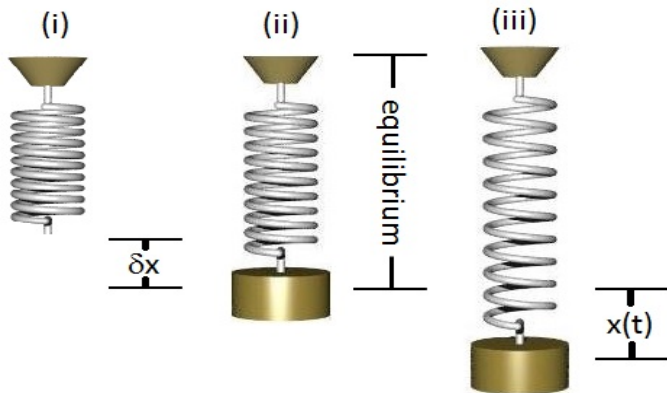
The displacement is subject to the second order, linear, homogeneous differential equation

$$mx'' + kx = 0 \quad \text{i.e.,} \quad x'' + \omega^2 x = 0,$$

where the parameter

$$\omega^2 = \frac{k}{m}.$$

## Equilibrium & Displacement in Equilibrium



**Figure:** Hooke's law states that the displacement in equilibrium,  $\delta x$ , is related to the object's weight,  $W$ , via  $W = k\delta x$ . We'll use the convention

$x > 0$  above equilibrium, and  $x < 0$  below equilibrium.

## Basic Units (US Customary)

In US Customary units,

- ▶ Force (including weight) would be in pounds (lb),
- ▶ Length would be in feet (ft),
- ▶ Spring constant would be in lb/ft
- ▶ Mass would be in slugs
- ▶ Time would be in seconds (sec)

Unless stated otherwise, we'll take the gravitational acceleration constant to be  $g = 32 \text{ ft/sec}^2$ . Weight ( $mg$ ) is generally used as a proxy for mass, so the mass must be computed when needed.

$$m = \frac{W}{g}.$$

## Basic Unit (SI Units)

In SI units,

- ▶ Force (including weight) would be in Newtons (N),
- ▶ Length would be in meters (m),
- ▶ Spring constant would be in N/m
- ▶ Mass would be in kilograms (kg)
- ▶ Time would be in seconds (sec)

It is customary to describe an object by its mass in kilograms. When we encounter such a description, we deduce the weight in Newtons

$$W = mg \quad \text{taking the approximation} \quad g = 9.8 \text{ m/sec}^2.$$

## The *Circular Frequency* $\omega$

Applying Hooke's law with the weight as force, we have

$$\text{Weight} \quad mg = k\delta x. \quad \Rightarrow \quad \frac{mg}{m\delta x} = \frac{k\delta x}{m\delta x}$$

We observe that the value  $\omega$  can be deduced from  $\delta x$  by

$$\omega^2 = \frac{k}{m} = \frac{g}{\delta x}.$$

Provided that values for  $\delta x$  and  $g$  are used in appropriate units,  $\omega$  is in units of per second.

## Simple Harmonic Motion

$$x'' + \omega^2 x = 0, \quad x(0) = x_0, \quad x'(0) = x_1 \quad (1)$$

Here,  $x_0$  and  $x_1$  are the initial position (relative to equilibrium) and velocity, respectively. The solution is

$$x(t) = x_0 \cos(\omega t) + \frac{x_1}{\omega} \sin(\omega t) \quad (2)$$

called the **equation of motion**.

**Caution:** The phrase equation of motion is used differently by different authors.

Some use this phrase to refer the IVP (1). Others use it to refer to the **solution** to the IVP such as (2).


# Simple Harmonic Motion

$$x(t) = x_0 \cos(\omega t) + \frac{x_1}{\omega} \sin(\omega t)$$

Characteristics of the system include

- ▶ the period  $T = \frac{2\pi}{\omega}$ ,
- ▶ the frequency  $f = \frac{1}{T} = \frac{\omega}{2\pi}$ <sup>1</sup>
- ▶ the circular (or angular) frequency  $\omega$ , and
- ▶ the amplitude or maximum displacement  $A = \sqrt{x_0^2 + (x_1/\omega)^2}$

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<sup>1</sup>Various authors call  $f$  the natural frequency and others use this term for  $\omega$ . 

## Amplitude and Phase Shift

We can formulate the solution in terms of a single sine (or cosine) function. Letting

$$x(t) = x_0 \cos(\omega t) + \frac{x_1}{\omega} \sin(\omega t) = A \sin(\omega t + \phi)$$

requires

$$A = \sqrt{x_0^2 + (x_1/\omega)^2},$$

and the **phase shift**  $\phi$  must be defined by

$$\sin \phi = \frac{x_0}{A}, \quad \text{with} \quad \cos \phi = \frac{x_1}{\omega A}.$$



## Amplitude and Phase Shift (alternative definition)

We can formulate the solution in terms of a single sine (or cosine) function. Letting

$$x(t) = x_0 \cos(\omega t) + \frac{x_1}{\omega} \sin(\omega t) = A \cos(\omega t - \hat{\phi})$$

requires

$$A = \sqrt{x_0^2 + (x_1/\omega)^2},$$

and this **phase shift**  $\hat{\phi}$  must be defined by

$$\cos \hat{\phi} = \frac{x_0}{A}, \quad \text{with} \quad \sin \hat{\phi} = \frac{x_1}{\omega A}.$$

$$\phi + \hat{\phi} = \frac{\pi}{2} + 2\pi n \quad \text{for integer } n$$

## Example

An object stretches a spring 6 inches in equilibrium. Assuming no driving force and no damping, set up the differential equation describing this system.

No driving and no damping  $\Rightarrow$  simple harmonic motion

The ODE should look like  $mx'' + kx = 0$

$$\Rightarrow x'' + \omega^2 x = 0.$$

We need to identify  $\omega^2$ .

$$\omega^2 = \frac{k}{m} \quad \text{and} \quad \omega^2 = \frac{g}{\delta x}$$

The displacement in equilibrium  $\delta x = 6$  in.

Since we're using US units, we'll take

$$g = 32 \frac{\text{ft}}{\text{sec}^2}$$

$$\delta x = \frac{1}{2} \text{ ft}, \text{ so } \omega^2 = \frac{32 \frac{\text{ft}}{\text{sec}^2}}{\frac{1}{2} \text{ ft}} = 64 \frac{1}{\text{sec}^2}$$

The displacement satisfies

$$x'' + 64x = 0$$

## Example

A 4 pound weight stretches a spring 6 inches. The mass is released from a position 4 feet above equilibrium with an initial downward velocity of 24 ft/sec. Find the equation of motion, the period, amplitude, phase shift, and frequency of the motion. (Take  $g = 32 \text{ ft/sec}^2$ .)

We have enough information to find  $m$  and  $k$ .

Since  $\delta x = \frac{1}{2} \text{ ft}$ , we know that  $\omega^2$  should be 64.

The weight  $W = 4 \text{ lb}$ . To get the mass

$$W = mg \Rightarrow m = \frac{W}{g} = \frac{4 \text{ lb}}{32 \frac{\text{ft}}{\text{sec}^2}} = \frac{1}{8} \frac{\text{lb sec}^2}{\text{ft}}$$

The spring constant satisfies

$$W = k\delta x \Rightarrow k = \frac{W}{\delta x} = \frac{4 \text{ lb}}{\frac{1}{2} \text{ ft}} = 8 \frac{\text{lb}}{\text{ft}}$$

$$\omega^2 = \frac{k}{m} = \frac{8 \frac{\text{lb}}{\text{ft}}}{\frac{1}{8} \frac{\text{lb sec}^2}{\text{ft}}} = 64 \frac{1}{\text{sec}^2}$$

The ODE is  $x'' + 64x = 0$ . The initial conditions are

$$x(0) = 4 \quad \begin{array}{l} 4 \text{ ft above} \\ \text{equilibrium} \end{array}$$

$$x'(0) = -24 \quad \begin{array}{l} 24 \text{ ft/sec} \\ \text{downward} \end{array}$$

Using the parameter  $r$  (instead of " $n$ "), the characteristic equation is

$$r^2 + 64 = 0 \Rightarrow r^2 = -64, \quad r = \pm 8i$$

$$x_1 = \cos(8t) \quad , \quad x_2 = \sin(8t)$$

The displacement

$$x(t) = c_1 \cos(8t) + c_2 \sin(8t)$$

Apply  $x(0) = 4$ ,  $x'(0) = -24$

$$x'(t) = -8c_1 \sin(8t) + 8c_2 \cos(8t)$$

$$x(0) = c_1 = 4 \quad x'(0) = 8c_2 = -24 \Rightarrow c_2 = \frac{-24}{8} = -3$$

The displacement for all  $t > 0$  is

$$x(t) = 4 \cos(8t) - 3 \sin(8t)$$

The period  $T = \frac{2\pi}{\omega} = \frac{2\pi}{8} = \frac{\pi}{4}$  seconds

Linear frequency  $f = \frac{1}{T} = \frac{4}{\pi}$  cycles/sec

Amplitude  $A = \sqrt{4^2 + (-3)^2} = 5$

If  $x(t) = 5 \sin(8t + \phi)$  then

$$\sin \phi = \frac{x_0}{A} = \frac{4}{5} \quad \cos \phi = \frac{x_1}{\omega A} = \frac{-3}{5}$$

$$\phi = \cos^{-1}\left(\frac{-3}{5}\right) \approx 2.21$$

that's about  
 $127^\circ$